

VOLUME 8

NOVEMBER

LANGUAGE CENTER NEWSLETTER

WELCOME

Autumn is a beautiful season. The leaves are colorful, the food is delicious, and the weather is cool. It is a good time to think about the little things that make us smile. The things that we choose to make us happy may be different from others. What are you thankful for? What does your autumn choice say about you? Let's find out with this month's gratitude activity and fun personality quiz!

BE THANKFUL FOR THE LITTLE THINGS

We don't need big things to be happy. We can enjoy small things in our daily lives, too. Let's take a moment to think about the good things around us.

For example:

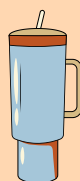
WALKING SHOES

I'm grateful for the shoes I've been wearing **because** they protect my feet and help me walk.



FREE WATER

I'm grateful for the free water from the school drinking fountain in front of the gym **because** I can drink for free.



BIRDS' SINGING

I'm grateful for the birds singing in the morning **because** their songs make me feel calm and relaxed.



Vocabulary words:

grateful for - ～をありがたいと思う

gratitude - 感謝 (かんしゃ)

weather - 天気 (てんき)

autumn - 秋 (あき)

season - 季節 (きせつ)

What about you? What small things are you grateful for? Think about your daily life and complete this sentence:

I'm grateful for _____ because _____.



AUTUMN PERSONALITIES

Did you know that your choices might tell us something about you?

In this fun quiz, choose your favorite autumn food and imagine what you would do as a leaf.

Are you kind, clever, fun, or sleepy? There are no right or wrong answers. Just choose what you like best and find out your autumn personality!

1. Which autumn food would you choose?

A. Roasted sweet potato



B. Chestnuts



C. Persimmons



D. Pumpkin pie



Results:

A: You are warm-hearted.
Everyone feels cozy around you!

B: You are smart. Your brain is as hard to crack
as a chestnut!

C: You are sweet, but sometimes you get a little
mushy!

D: You love comfort. Maybe your bed is your
best friend!

2. You are an autumn leaf. What do you do on a
windy day?

A. Fly as far as I can.

B. Stay on the
tree.



C. Spin around and around.

D. Land on someone's hand!



Results:

A: You love adventure. Your suitcase is always
ready!

B: You are reliable. Even the wind cannot
change your mind!

C: You are playful. You can turn anything into
a party!

D: You are unforgettable. People will never
forget meeting you!

Vocabulary words:

warm-hearted - やさしい人

cozy - 暖かくて、気持ちがいい

hard to crack - 割るのが難しい (わるのがむずかしい)

mushy - 感動しやすい (かんだうしやすい)

spin around - ぐるぐるまわる

Vocabulary words:

adventure - 冒険 (ぼうけん)

suitcase - スーツケース

reliable - 頼りになる (たよりになる)

playful - あそびずきな

unforgettable - 忘れられない