

SEPTEMBER LANGUAGE CENTER Newsletter #6



"All the months are crude experiments, out of which the perfect September is made." -Virginia Woolf

「どの月も未熟な試みにすぎず、それらを経て、完璧な9月が形作られるのです。」 — ヴァージニア・ウルフ



THE ASIAN GAMES ARE COMING TO AICHI!

Something very exciting is happening in our area this month. The **20th Asian Games Aichi-Nagoya 2026** will begin on **September 19** and continue until October 4. Athletes from across Asia will come to Aichi and Nagoya to compete in many different sports. The Games include more than 40 sports, including familiar sports such as football, baseball, basketball and swimming, as well as less familiar sports such as wushu, kabaddi and sepak takraw.

The Asian Games are a great opportunity for people from different countries and cultures to meet. The official slogan for Aichi-Nagoya 2026 is **"IMAGINE ONE ASIA."**

SEE THE ASIAN GAMES TORCH IN AISAI!

The Asian Games torch is coming to **Aisai City!**

On **Sunday, September 6**, the torch relay will take place at **Fureai no Sato HASU Park**. A special celebration event will begin at **2:30 p.m.**, including a performance by the Aisai Wind Orchestra. The torch relay itself is scheduled for around **3:00 p.m.**

A torch relay is a special event before a major sporting competition. Runners carry a flame from one place to another until it reaches the main stadium.

Useful Vocabulary

torch — 聖火・トーチ
flame — 炎
relay — リレー
athlete — 選手
competition — 競技・大会
international — 国際的な

THE 20-MINUTE ENGLISH CHALLENGE

Do you sometimes think:

"I want to study English, but I don't have enough time!" ?

Try the 20-Minute English Challenge!

You don't need to study for one or two hours every day.

If you don't have much time, try just **20 minutes**.



Your 20 minutes

6 minutes: Review some vocabulary.

6 minutes: Listen to English. Try a song, podcast or short video.

4 minutes: Read something in English.

4 minutes: Speak or write. For example, describe your day in three English sentences.

The important thing is to do it regularly.

20 minutes every day is 140 minutes a week!

Consistency beats intensity!
激しさよりも継続が勝る!

YOUR SEPTEMBER CHALLENGE

Can you do 20 minutes of English every day for **seven days**?

Small steps can make a big difference!



TSUKIMI: LOOKING AT THE MOON

In Japan, autumn is traditionally connected with the beautiful full moon. The custom of enjoying the autumn moon is called **Tsukimi**, or "moon viewing."

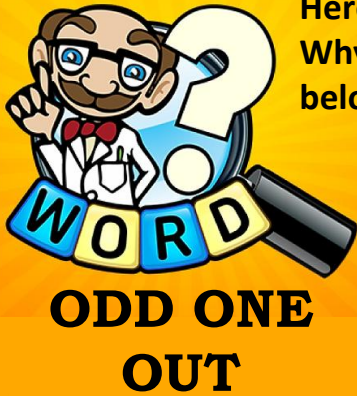
VOCABULARY

full moon — 満月
harvest — 収穫
rice dumpling — 団子
tradition — 伝統
decorate — 飾る
hope — 願う・希望する

During Tsukimi, people may decorate their homes with pampas grass and offer foods such as **tsukimi dango**, small round rice dumplings. The round shape of the dango represents the full moon.

Tsukimi is also connected with the autumn harvest. In the past, people gave thanks for food and hoped for a good harvest in the coming year.

Moon-viewing traditions are not unique to Japan. Many cultures around the world have stories, festivals and traditions connected with the moon.



Here are groups of 4 words. Choose the **odd one out** in each group. Why is it different? How do you explain in English? Answers are below!

the odd one out = 他とは異なるもの

Group 1: Cities

LONDON
PARIS
TOKYO
SYDNEY

Group 2: Animals

PANDA
TIGER
ELEPHANT
PENGUIN

Group 3: Music

GUITAR
VIOLIN
FLUTE
HARP



Why Americans Say "Fall" and the British Say "Autumn"

Why does the third season have two names? In the US, people usually say "**fall**." In the UK, "**autumn**" is standard.

*Many people think Americans changed the language, but **the UK actually changed its usage.***

Long ago, British people used **both** words. Before the 1300s, they called the season "harvest." Later, they borrowed "autumn" from French. Around the 1600s, British poets created the phrase "**the fall of the leaf**" to match "spring." This was eventually shortened to "fall."

When British settlers moved to America in the 1600s, they took both words with them. Americans preferred "fall" because it was simple. However, back in Britain, "fall" became unpopular because high society thought "autumn" sounded more elegant.

Therefore, America preserved an old British tradition that the British themselves stopped using!

Useful Vocabulary

standard /stændərd/ (名) 標準、主流
usage /ju:sidʒ/ (名) 言葉の使い方、慣習
harvest /há:rivist/ (名) 収穫 (期)
settler /sétlɜ:/ (名) 移住者、開拓者

prefer /prifé:r/ (動) ～を好む
elegant /élɪgənt/ (形) 上品な、優雅な
preserve /prizé:rv/ (動) ～を保存する、残す
tradition /trədíʃən/ (名) 伝統



ODD ONE OUT QUIZ
Group 1: Sydney is the odd one out. It is not a capital city.
Group 2: Penguin. It is not a mammal (哺乳類).
Group 3: Flute. It is a wind instrument (管楽器). The others are stringed instruments (弦楽器).